

Union Grove ISD Student Health Advisory Council
Annual Report for 2015-2016

Authority and purposes for the SHAC:

Each School District in Texas is required by Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Union Grove ISD is specifically authorized by the Board of Trustees in district policies EHAA (legal), EHAB (legal), EFAA (legal), and FFA (local).

The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness.

Accomplishments and Activities during the 2015-2016 School Year

- Information from SHAC meetings posted on the website
- Maintained communication with the Texas School Health Advisory Committee and the Texas Education Agency to stay informed of national and state initiatives.
- Made sure SHAC was in compliance with the Texas Department of Agriculture, food and nutrition changes.
- Updated and revised the district Wellness Policy to reflect new changes in state requirements
- Presented information to the SHAC regarding a mobile food pantry.
- Presented information to the SHAC regarding a mobile dentist.
- Presented information to the SHAC regarding a self-defense class for women and female students as well as information regarding date rape prevention.
- Presented continuing information to the SHAC on requirements for "Smart Snacks"

Respectfully Submitted,

Chris Wayt
Dean of Students/ SHAC Coordinator

**SHAC Meeting Agenda
May 31 2016**

- I. Call to order

- II. Mobil Dentist

- III. Female self-defense class

- IV. Adjourn