

**UG School Health Advisory Council {SHAC}
Annual Report For 2014-2015**

Authority and purposes for the SHAC:

Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Union Grove Independent School District is specifically authorized by the Board of Trustees in District policies BDF {legal}, EHAA {legal}, EHAB {legal}, EFAA {legal}, and FFA {local}.

The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes through coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness.

Policy BDF {legal} requires that the board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the district who are not employed by the district.

Accomplishments and Activities during 2014-2015

- Information from SHAC meetings posted on U.G. website
- Maintained close communication with Texas School Health Advisory committee and the Texas Education agency to keep abreast of national and state initiatives.
- Made sure SHAC was in compliance with the Texas Department of Agriculture, food and nutrition changes.
- Presented continuing information to SHAC members on new federal and state requirements for "smart snacks."
- Brought in a special guest from the "ESTEEM" program to talk about a teen abstinence program.
- SHAC presented to the school board for approval of the number food "give away" days for each campus {non-compliance foods} as well as the number of fundraisers { Five "give away" for both campuses , 30 fundraising days for elementary and 40 for the HS}.
- "Smart Snack" review with SHAC members.
- SHAC promoted the "Lighten Up East Texas" weight loss program that was sponsored by Fit City Tyler. UG had 15 participants. Throughout East Texas, 1000 participants lost a total of 8000 pounds.
- And lastly.....The UG SHAC team would still love to have new cafeteria tables. We are running short on chairs and the tables we have are the original tables used when the school was built and they are wearing out/falling apart.

Respectfully submitted,

Craig Attaway

SHAC Coordinator/Asst Principal