

**Union grove SHAC**  
**Minutes of March 30, 2015**

**Information was provided by nurse Jodie Mayhan on the “Lighten Up East Texas” weight program. Union Grove has several participants in this program which runs until May 29. It is weight loss program created by “Fit City Tyler” in which individuals and teams compete. Each entry along with their beginning weight is entered into the weight tracker database. At the conclusion of the contest, participants have a chance to win a car, money, and great prizes.**

**Adjourn**