

## **Union Grove SHAC**

**March 30, 2015**

### **Agenda**

- **Sign In**
- **Review minutes of 12-17-2014 meeting**
- **Information provided by Nurse Jodie on “Lighten Up East Texas.” It is a weight loss program created by “Fit City Tyler” in which Individuals and teams compete. Weigh in began Jan 9 through Feb 28. Weigh out will be April 27-May 29. UGISD is an official weigh in location for faculty and staff. Each person’s registration info, along with beginning weight is entered into the weight tracker database. U.G. has 15 individuals participating. Participants receive entries into the grand prize drawings for every 5% of weight that is lost. Prizes include a new car, money, and other great prizes.**
- **Adjourn**
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