

SHAC (School Health Advisory Committee) Meeting Sign In

July 18th 1pm High School Library

Topic:

Compliance with the State Legislation;

Senate Bill 9

House Bill 1525

Senate Bill 435

Senate Bill 123

House Bill 18

Senate Bill 11 Section 28.002

Compliance Method:

The ESTEEM program (10 lesson program)

<https://esteemjourney.com/curriculum/>

Lesson 1: Goal setting for improved academic outcomes / Career planning

Lesson 2: How to navigate positive and negative media influences

Lesson 3: Puberty and human development / True cost of teen pregnancy /
Understanding Fatherhood

Lesson 4: Explanation of the major STDs / Benefits of waiting / Character counts

Lesson 5: Legal consequences of cyberbullying, sexting, human trafficking / Child
support / Family & criminal laws

Lesson 6: Dangers of drug, alcohol, and tobacco use / Brain development

Lesson 7: Peer pressure and refusal skills / Bullying / Depression, suicide, and
self-harm

Lesson 8: Communication skills / Problem solving steps / Increasing emotional
intelligence / Time-out steps

Lesson 9: Real friendships / Gangs and cliques / Dating standards / Renewed
abstinence / Abusive relationships

Lesson 10: Reviewing goals / Self-discipline / Having a growth mindset / True
love, commitment, and healthy marriage

Start Date:

Program will begin the first Friday in September

Will continue every Friday for 10 weeks

Will be taught in 7th Science, 8th Science and 9th Biology